

IOWA MENTAL HEALTH
COUNSELORS ASSOCIATION
2012 ANNUAL CONFERENCE

Holiday Inn, Merle Hay Rd. Des Moines, IA
50310

Thursday April 12:

8:00-8:30 a.m.: Registration
8:30-8:45 a.m.: Welcome
8:45-12:00 p.m.: Breakout Session
Round #1
12:00-1:00 p.m.: Luncheon & An-
nual Board Meeting
1:15-2:45 p.m.: Breakout Session
Round #2
3:00-4:30 p.m.: Breakout Session
Round #3
4:30 p.m.: Networking (at Benni-
gan's)

Friday April 13:

8:00-8:30 a.m.: Registration
8:30-12:00 p.m.: Keynote Presenta-
tion
12:00-1:00 p.m.: Luncheon
1:00-4:15 p.m.: Keynote Continued

CEU's: IMHCA determined that this conference meets the criteria for the Iowa Board of Behavioral Science Examiners and the Iowa Board of Social Work Examiners for 13 hours continuing education for mental health counselors, marriage and family therapists and social workers. **ATTN NCC's: This conference is approved by AMHCA (NBCC Provider #1012) for 13 CE contact hours (CEU's) for Counselors. **CADC/IBC** The Iowa Board for Certification has approved this conference for 13 CE contact hours Category A: Counseling Theories or Generic.*



Iowa Mental Health Counselors Association
2010 Annual Conference
c/o New Heights Counseling Resources
4910 Urbandale Ave. Ste. 304
Des Moines, IA 50310



IOWA MENTAL HEALTH
COUNSELORS ASSOCIATION
2012 ANNUAL CONFERENCE

APRIL 12-13, 2012

Holiday Inn, Merle Hay Rd. Des
Moines, IA 50310

A FOCUS ON
COUNSELING
SPECIALTIES

KEYNOTE:

DR. WESTON
EDWARDS, PHD.

The Overlap of Mental Health,
Drugs, Sex, and the Internet:
Resources for an Integrated
Treatment Approach

ETHICS
PRESENTED

BY:

DR. WADE
LEUWERKE, PHD

2012 IMHCA CONFERENCE



SCHEDULE OF PRESENTERS:

April 12, 2012:

1A : Ethics 3.0 CEUs

Presented by: Dr. Wade Leuwerke

Board Meeting (lunch) 1.0 CEU

2A: College Counseling: Trends and Best Practices. 1.5 CEUs

Presented by: Molly Wertz LMHC

2B: Building a Successful Private Practice 1.5 CEUs

Presented by: Susan Hoppenworth LMHC

2C: Creative Ways to Sustain Counselor Wellness and Prevent Burnout (Part One) 1.5 CEUs

Presented by: Carol Hinman PhD

3A: Courtroom Testimony 1.5 CEUs

Presented by: Cory McClure and Erik Oostenink LMHC

3B: Working with the LGBT Individual 1.5 CEUs

Presented by: Weston Edwards PhD

3C: Creative Ways to Sustain Counselor Wellness and Prevent Burnout (Part Two) 1.5 CEUs

Presented by: Carol Hinman PhD

April 13, 2012:

Dr. Weston Edwards, PhD. Presents: The Overlap of Mental Health, Drugs, Sex, and the Internet: Resources for an Integrated Treatment Approach 6 CEUs



KEYNOTE: Dr. Weston Edwards, PhD, is the Clinical Director at PRISM Behavioral Health, a outpatient mental health program and sexual health program affiliated with PRIDE Institute, a culturally specific substance treatment program for LGBT individuals. Weston Edwards completed his PHD from the University of Minnesota focusing his research in sexual health. He has 20 years experience working with clients in the overlap of sexuality, mental health and chemical health. He has written three workbooks for clients to help facilitate personal transformation in the area of sexuality. In addition to his training in psychology, Dr. Edwards has graduate training and experience in Spirituality, Life Coaching, and Business/Leadership.

PRESENTATION: What does a counselor do when a client arrives presenting with chemical dependency, mental health, substance use issues and surfs the internet as a relapse trigger leading to a spiral of shame and increasing out of control behaviors?

This interactive workshop will address the Overlap of Mental Health, Drugs, Sex and the Internet. Research demonstrates the relationship between sexual health concerns, chemical health and mental health. The workshop will provide a model to conceptualize and treat the overlap to help providers who work with clients move forward in sexually healthy ways and maintain long-term mental health and chemical health. A cognitive based treatment model in treating this overlap will be reviewed as a complement to a 12-step model of treating chemical addiction. Concepts from the Stages of Change Model, Motivational Interviewing, and Vgotsky's Zone of Proximal Development are integrated into the workshop.

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Registration and fees: (Check One)

	Early	After 02/01
◇ Member 2 Days	130.00	180.00
◇ Member 1 Day	100.00	150.00
◇ Non-member 2 Days	205.00	215.00
◇ Non-Member 1 Day	175.00	185.00
◇ Student Full Conf.	70.00	80.00
◇ Student One Day	50.00	60.00
◇ I am Joining Now!	65.00	

Late Fee Charge After 03/23: \$20.00

TOTAL: _____

REDUCED ROOM RATE (\$82.00) at Holiday Inn if registered by March 25th by mentioning the IMHCA conference!

Please Check:

Thursday, May 12th, Breakout Choices

Afternoon:

2A 2B 2C

3A 3B 3C

Method of Payment: (Make to IMHCA)

◇ Check

◇ Purchase Order Enclosed

Name: _____

Address: _____

City/State/Zip: _____

Email: _____

Dietary Needs: _____

Register **ONLINE** at www.imhca.net or Please send completed registration to:

**Iowa Mental Health Counselors Association
2011 Annual Conference**

c/o New Heights Counseling Resources
4910 Urbandale Ave. Ste. 304
Des Moines, IA 50310

For questions call: Christy at 515-242-8242
IMHCA is a 501(c)(6) corporation. TID: 42-1491022

*For full detailed goals and objectives or if you are interested in registering for an exhibitor's table during this event, please visit our website at www.imhca.net